

Backtrack

Music: Rebecca Ferguson, download
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Event: Hurricane Spinners 10th Birthday Party
Sequence: **Intro A B C B C* Br1 A C Intro**
Intro: Wait **16** beats

Level: E Int
Time: 3.09
BPM: 100



Date: Jan 2013

Intro

Beat 1 step to side with left foot,
Beat 2 turn to face the left - with knees bent and head down
Beat 3 step with the right foot forward and face to the back
Beat &4 bend both knees, whilst raising the heels
Beats 5-8 4 side steps

REPEAT these 8 beats to face the front

Part A:

Vine	DS DS(xif)	DS LOOP S	turn 1/2 R on beat 3-4
Loop	L R	L R R	
	&1 &2	&3 & 4	
2 Basic	DS RS		
	L RL		
	R LR		
	&1 &2		

REPEAT to face the front

Part B:

Vine	DS DS(xif)	DS DS(xib)	DS DS(xif)	DS RS
Eight	L R	L R	L R	L RL
	&1 &2	&3 &4	&5 &6	&7 &8
Basketball	S(if) PVT	(1/2 R) S	DS RS	
Turn	R	L	R LR	
& Basic	1	&	2	&3 &4
Fancy	DS DS(xif)	BA(ots)	BA(xib)	BA(ots) S
Run	L R	L R	L R	R
	&1 &2	&	3	& 4
Charleston	DS TCH(if)	H T(ib)	H RS	
	L R	L R	R LR	
	R L	R L	L RL	
	&1 &	2 &	3 &4	
Grandpa	DS TCH(if)	H TCH(ots)	H TCH(ib)	H
	L R	L R	L R	L
	R L	R L	R L	R
	&1 &	2 &	3 &	4

REPEAT Charleston and Grandpa using opposite footwork.

then

REPEAT Vine 8, Basketball Turn & Basic, Fancy Run to end up facing front

Backtrack

Intro A B C B C* Br1 A C Intro

Part C:

Cowboy DS DS DS BR UP/H DS(xif) RS RS RS
 L R L R R L R LR LR LR
 &1 &2 &3 & 4 &5 &6 &7 &8

Jazz Toe TH T(xif)H T(ib)H T(ots)H
 Heel LL R R L L R R
 &1 & 2 & 3 & 4

Fancy DS DS RS RS
 Double L R LR LR
 &1 &2 &3 &4

Intro

Beat 1 step to side with left foot,
 Beat 2 turn to face the left with knees bent and head down
 Beat 3 step with the right foot forward and face to the back
 Beat &4 bend both knees, and raise the heels at the same time
 Beat 5-8 4 side steps

REPEAT Intro to face front.

REPEAT Cowboy, Jazz Toe Heel and Fancy Double

Part C*:

Cowboy
 Jazz Toe Heel
 Fancy Double

Intro (16 beats)

Bridge 1:

Cha Cha S(fwd) S(b) S S S S(b) S(fwd) S S S
 L R L R L R L R L R
 1 2 3 & 4 5 6 7 & 8

S(xib) S(xif) S S S S(xib) S(xif) S S S
 L R L R L R L R L R
 1 2 3 & 4 5 6 7 & 8

S(b) S(fwd) S S S S(fwd) S(b) S S S
 L R L R L R L R L R
 1 2 3 & 4 5 6 7 & 8

S(xif) S(xib) S S S S(xif) S(xib) S S S
 L R L R L R L R L R
 1 2 3 & 4 5 6 7 & 8